The Emin Way Presents

Clean & Clear
Essential Ingredients to Stay Afloat and Progress

The challenges we face worldwide are huge and now impact individuals in unforeseen ways.

As with all difficulties, it is our choice to become its victim or to find a way to rise above, to pursue our life quest in the midst of it all.

At core, everything is about energy... physical energy to take action, mental energy to think and plan, emotional energy to stay connected, creative inspiration to move forward.

You are invited to join us on Saturday to work with these energies in conjunction with those of the planet and our aura, with the goal of lifting ourselves up above the fug, to a clean and clear space, a space that is essential to any movement forward.

Please have a houseplant nearby for use with Electrobics, a practice for clearing and charging our energetic fields.

www.eminwayonline.org

