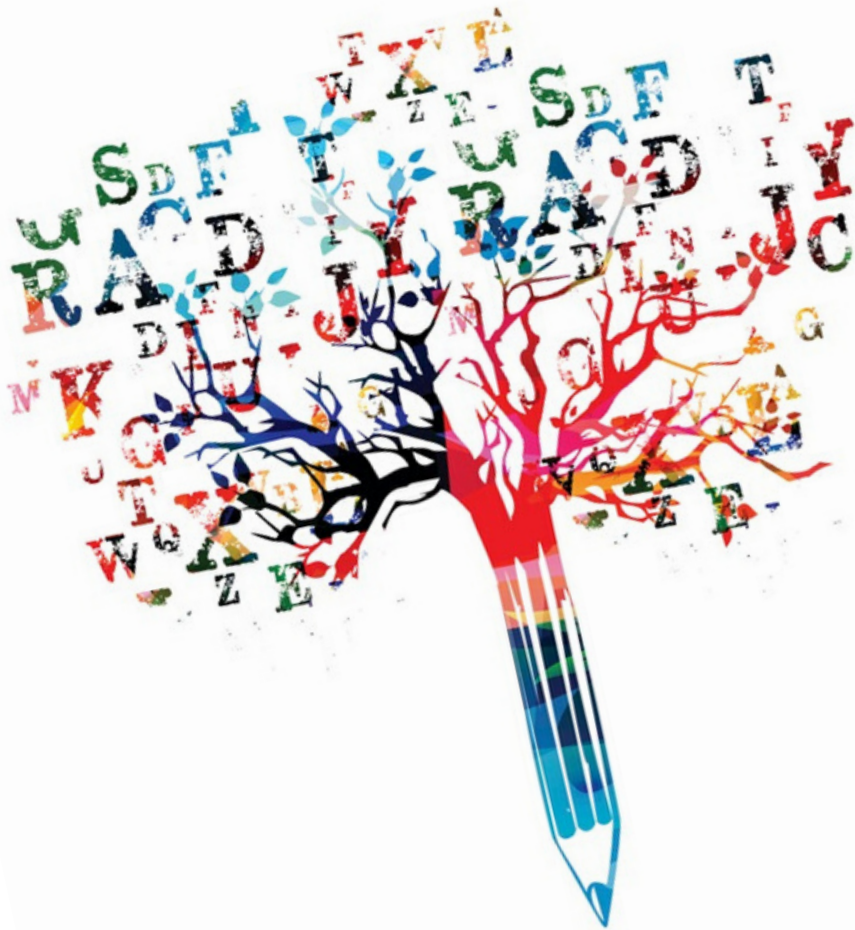


The Emin Way Presents

Sleep, Creativity & Higher Human Intelligence



Science has come to accept the importance of sleep, studying its processes in depth. Yet, we still tend to think of sleep in terms of its more physical necessity and benefit. What does sleep mean for the higher human faculty?

There is a trend these days to work to become more conscious as human beings. Truly, this is a positive trend, however, creativity likely arises out from our unconscious. Do these two urges contradict each other? How can the desire to become more conscious merge with a movement towards higher creativity?

Join us for this workshop on Saturday as we explore three different aspects of life that can offer working understandings of our levels of consciousness, our ability to be creative and our ability to access higher intelligence.

Please have a medium to large sized plant nearby to use with the Electrobics movements that will be part of this workshop.

Saturday November 9
10:00 - 12:00 pm PST (Seattle)
1:00 - 3:00 pm EST (New York)
VIA ZOOM VIDEO CONFERENCE
TO REGISTER PLEASE EMAIL US AT
eminwayonline@gmail.com
Cost: \$10.00
Your first 3 workshops are free

www.eminwayonline.org